UWA Athletics Club / UWALAC BIG 6 2024

23-Nov-24

	U6		U7	U8		U9		U10		U11		BIG 6			U12		U13		U14	U15	U16/17	U14/15/16/17
	6/7 F (18)	M (9)	M (26)	F (34)	M (26)	F (24)	M (27)	F (34)	M (31)	F (32)	M (33)				F (29)	M (33)	F (20)	M (26)	F (19)	F (22)	G (17)	M (13)
3.45	Warm Up and Move to Site																					
4.00	60m					300M									Shot (S1)	Shot (S2)	Long Jump (LTJ3)	Long Jump (LTJ4)	Triple Jump (LTJ5)	Discus (3)	Discus (1)	Discus (2)
4.05		60m					300M								Shot (S1)	Shot (S2)				Discus (3)	Discus (1)	Discus (2)
4.10			60m					300M							Shot (S1)	Shot (S2)	Long Jump	Long Jump	Triple Jump	Discus (3)	Discus (1)	Discus (2)
4.15				60m					300M						Shot (S1)	Shot (S2)	Long Jump	Long Jump	Triple Jump	Discus (3)	Discus (1)	Discus (2)
4.20					60m					300M					Shot (S1)	Shot (S2)	Long Jump	Long Jump	Triple Jump	Discus (3)	Discus (1)	Discus (2)
4.25						60m					300M				Shot (S1)	Shot (S2)	Long Jump	Long Jump	Triple Jump	Discus (3)	Discus (1)	Discus (2)
4.30	Long Jump (LTJ1)	Long Jump (LTJ2)	Long Jump (LTJ4)				60m															
4.35								60m														1000M
4.40	Long Jump	Long Jump	Long Jump	Shot (S1)	Shot (S2)				60m												1000M	
4.45	Long Jump	Long Jump	Long Jump	Shot (S1)	Shot (S2)					60m										1000M		
4.50	Long Jump	Long Jump	Long Jump	Shot (S1)	Shot (S2)						60m								1000M			
4.55				Shot (S1)	Shot (S2)	Long Jump (LTJ1)	Long Jump (LTJ1)								60m			1000M				
5.00				Shot (S1)	Shot (S2)											60m						
5.05	Shot (S1)	Shot (S2)	Shot (S2)			Long Jump	Long Jump					Mile					60m					
5.10	Shot (S1)	Shot (S2)	Shot (S2)			Long Jump	Long Jump					Mile										
5.15	Shot (S1)	Shot (S2)	Shot (S2)			Long Jump	Long Jump	Long Jump	Long Jump				Mile									
5.20	Shot (S1)	Shot (S2)	Shot (S2)					(LTJ3)	(LTJ3)				Mile									60m (1)
5.25	Shot (S1)	Shot (S2)	Shot (S2)					Long Jump	Long Jump												60m (1)	
5.30				Long Jump	Long Jump	Discus (1)	Discus (2)	Long Jump	Long Jump	Long Jump	Long Jump									60m (1)		
5.35				(LTJ1)	(LTJ1)	Discus (1)	Discus (2)	Long Jump	Long Jump	(LTJ5)	(LTJ6)		Shot (S1)						60m (1)			
5.40				Long Jump	Long Jump	Discus (1)	Discus (2)	Long Jump	Long Jump	Long Jump	Long Jump		Shot (S1)		1000M			60m (1)				
5.45				Long Jump	Long Jump	Discus (1)	Discus (2)			Long Jump	Long Jump		Shot (S1)			1000M						
5.50				Long Jump	Long Jump	Discus (1)	Discus (2)			Long Jump	Long Jump		Shot (S1)				1000M					
5.55				Long Jump	Long Jump	Discus (1)	Discus (2)			Long Jump	Long Jump		Shot (S1)									
6.00	SANTA ARRIVES (15 minutes break in events)																					
6.05																						
6.10																						
6.15								Discus (1)	Discus (2)	Shot (S1)	Shot (S1)	300M			Triple Jump	Triple Jump	Shot (S1)	Shot (S1)	Discus (3)	Triple Jump	Long Jump	Long Jump
6.20								Discus (1)	Discus (2)	Shot (S1)	Shot (S1)		300M		(LTJ5)	(LTJ6)	Shot (S1)	Shot (S1)	Discus (3)	(LTJ4)	(LTJ1)	(LTJ2)
6.25								Discus (1)	Discus (2)	Shot (S1)	Shot (S1)	High Jump			Triple Jump	Triple Jump	Shot (S1)	Shot (S1)	Discus (3)	Triple Jump	Long Jump	Long Jump
6.30								Discus (1)	Discus (2)	Shot (S1)	Shot (S1)	High Jump			Triple Jump	Triple Jump	Shot (S1)	Shot (S1)	Discus (3)	Triple Jump	Long Jump	Long Jump
6.35								Discus (1)	Discus (2)	Shot (S1)	Shot (S1)	High Jump			Triple Jump	Triple Jump	Shot (S1)	Shot (S1)	Discus (3)	Triple Jump	Long Jump	Long Jump
6.40								Discus (1)	Discus (2)	Shot (S1)	Shot (S1)	High Jump			Triple Jump	Triple Jump	Shot (S1)	Shot (S1)	Discus (3)	Triple Jump	Long Jump	Long Jump
6.45												High Jump	Long Jump									
6.50												High Jump	(LTJ5)									
6.55													Long Jump									
7.00													Long Jump									
7.05													Long Jump									
7.10													Long Jump									
7.15														100M								
7.20												60M										
7.25													60M									
7.30												Intercode 100m Shuttle Relay										