

UWA Little Athletics Competition Timetable

The Big 6 Meet Friday 2nd December @5:00pm

	6/7 GB	8 GB	9 GB	10 GB	11 GB	12 GB	13 GB	14 GB	15/16/17 GB	BIG 6	
5:00	Warm up	Warm up	Warm up	Warm up	Warm up	Warm up	Warm up	Warm up	Warm up	Warm up	5:00
5:05	60 ST	JAV G (3) & B (4)		SHOT B (3), G (4)	JAV G (1), B (2)	TRIPLE G (1) & B	SHOT B (1), G (2)	1000 (B&G)	1000 (B&G)	Ascend Physiotherapy Long Jump (Men) Site 3/4	5:05
5:10										Market Open Long Jump (Women) Site 3/4	5:10
5:15											5:15
5:20			60 ST							Performanc Pilates and Physiotherapy 300 LT (Men)	5:20
5:25									DIS B (2), G (1)	Performanc Pilates and Physiotherapy 300m LT (Women)	5:25
5:30	Tiny Tots Race										5:30
5:35				60ST						Ascend Physio Mixed Para 100m	5:35
5:40	L JUMP G (1) & B (2)		JAV B (3) & G (4)					SHOT G (1), B (2)			5:40
5:45		60 ST			60ST		1000LT (BG)			Performanc Pilates and Physiotherapy Javelin (Women) Site 1	5:45
5:50				300							5:50
5:55					LJUMP G (3) & B (4)	1000					5:55
6:00									60 ST	Market Open 1000m Men	6:00
6:05											6:05
6:10						SHOT G (3) & B (4)	60 ST			Market Open 1000m Women	6:10
6:15	Vortex G (3) & B (4)	L JUMP G (1) & B (2)	300	DIS G (3) & B (4)				TRIPLE G (1) & B (2)			6:15
6:20			Special Guests Arrive								6:20
6:25					300		Javelin G (1), B (2)		LJUMP G (3) & B (4)	Performanc Pilates and Physiotherapy Discus (Men) Site 1	6:25
6:30	All comers 4 by 400m Relay										6:30
6:35											6:35
6:40						300				Market Open 60m ST (Women)	6:40
6:45								60 ST		Market Open 60m ST (Men)	6:45
6:50	SHUTTLE RELAY 60M ST	SHUTTLE RELAY 60M ST	RELAY 4 X 100 B&G	RELAY 4 X 100 B&G	RELAY 4 X 100 B&G	RELAY 4 X 100 B&G					6:50
6:55	B&G	B&G	LANES 1&2	LANES 3&4	LANES 5&6	LANES 7&8					6:55
7:00											7:00
7:05							RELAY 4 X 100 B&G	RELAY 4 X 100 B&G	RELAY 4 X 100 16/17 B&G x 2		7:05
7:10							LANES 1&2	LANES 3&4	LANES 7&8		7:10
7:15											7:15
7:20									15 B&G		7:20
7:25									LANES 5&6		7:25

Revised 8.11.22

Chris

SUBJECT TO CHANGE

ST
LT

Short Track
Long Track