

Dear Parents,

Here is some final information before our first competition this Saturday. An updated parent roster will be sent out on Monday night and the student roster is available at the end of the email.

We will have a sausage sizzle, coffee van and canteen operating at each competition.

Training

For Tuesday training (U11 and up) meet in front of the sea container. Our Tuesday head coach Steve Robinson and our specialist coaches will direct athletes.

For Thursday training and competitions, meet your coaches on the hill with the age-group signs. Remember girl's coaches wear yellow vests and boys orange vests.

Uniforms do not have to be worn to training.

First competition 17th October Roster 1

- All parents need to have their athletes at the track by 7.45am. All athletes meet at the age-group signs then stay with their coaches and managers for the duration of the competition.
- Every year we officially start the season with the announcement of our centre captains, and the ringing of the bell. Our president will also say a few words.
- Athletes should have all their clothing labelled, have a hat and drink bottle with them.
- Coles supply us with free bananas that athletes can come and collect as a snack.

Handbook

The 20/21 Centre Handbook will be available on the website on Friday night.

Uniforms

- **Uniforms and numbers will be available for pick up on Thursday from 4.30-6.30pm and from 7.15am Saturday morning at the info desk in the UWALAC Tent.** However as it will be very busy Saturday morning we prefer all numbers are picked up on Thursday night.
- New registrations please bring proof of age.
- Please bring safety pins for your athlete's registration number and age-group tag if you are picking them up on Saturday morning.
- All athletes must wear shoes to training and competitions.
- Coles tags are now part of the registration number.
- Please see the website for placement on the uniform.

Parent Roster

- We start this week with Roster 1.
- Check your roster position and the roster and site number you are on.
- **After dropping athletes at 7.45am parents on roster then sign in at the orange files at the UWALAC tent and head to their sites.**
- We are short on both rosters this year so if you are away you must swap with someone from the opposite roster or organise a student. All the information is on the website under parent roster.
- Committee members and life members will be assigned to each area to help for the opening weekends.
- **Please check the rules for your events on the website** and where your roster is and what site.
- There is a **map on our website of the oval layout** that will show you your site location.

Special Rosters

- **Key Officials**-you will receive a separate email regarding your roster.
- **Starters** on roster you will be trained on the job by our 3 permanent starters meet at the UWALAC tent at 7.50am.
- **Thursday Training**- 4.45-7.15pm. You will be preparing the competition boxes ready for Saturday's and helping coaches with equipment –you will sign in the orange file in the shed and wear an equipment vest for your roster so coaches can easily locate you.
- **Set up** roster for Saturday mornings (including timing gates) please be on site at 6.15am where you will be directed.
- **Set up Managers** please be on site at 6am to get the gear out ready.
- **Pack up roster** meet at the UWALAC tent at 11am.
- **Long Hurdles (roster 1)** please come to the UWALAC tent at 8.30am-you will be given a vest to wear.
- **Hurdles (roster 2)** report to the UWALAC tent at 8am sharp when it is roster 2 week-you will be given a vest to wear.
- **BBQ roster** report to the UWALAC tent at 8.30am
- **Age group managers and coordinators** do not need to sign on-you will receive a separate email.

Shoe swap

We would like to do a shoe swap on October 24th. Please bring in your old shoes and swap for another pair off the table.

APP

Finally-please make sure you have downloaded the UWALAC App for instant notifications and it has the program and competition calendar installed in it. It will also have the parent roster uploaded once it is finalised. APP info is on the website.

Also a reminder please do not bring dogs to training or competitions

UWALAC Student Roster List 2020/21

Name	Contact Number
Sian O'Sullivan	0428 811 057
Ruby Hamilton	0467 604 524
Katrina Martin	0400 294 027
James Brennan	0431 625 205 <i>(Set up & pack up only)</i>
Tom Gurner	0437 752 007
Chloe Gurner	0437 210 077
Vivienne Le Tessier	0481 060 683
Calum Wong	0478 611 919
Lachlan Hynes	0457 953 510
Connor Hynes	0432 877 778
Heath Davis	0449 924 844 <i>(Set up & pack up only)</i>
Anthony Ghiselli	0476 902 916
Marco Ghiselli	0436 032 912
Sarah Hynes	0457 957 885 <i>(Set up & pack up only)</i>
Amberley Matuszkiewicz	0484 327 955
Thomas Salter	0497 873 185
Charlie Mill	0412 645 401
Emily Lowe	0459 405 627
Annie Pfeiffer	0467 893 929
Tom Salter	0497 873 185
Jaya Barlow	0449 599 041
Max McDonald	0405 200 958
Ellen Robinson	0427 580 903
Craig Dinas	0437 051 901
Amy Boyd	0472 509 754
Sam Gilbey	0428 292 429

Please note:

- It is suggested that the students listed are paid a minimum of \$50 for the morning roster. It is up to you to negotiate with the student. Most are ex UWALAC athletes who are now studying or are out injured.
- Please tell students what job they have, your name and what site i.e. Triple Jump Site 2.
- Please remind students to sign in and out for you in the orange roster files.
- Payment must be arranged between yourself and the student as is not associated with UWALAC in any way. You may book the athlete for all 8 rosters for the season if this suits your family situation.
- Students may not all be available on certain dates hence the list of available athletes.
- **Not all athletes are trained as starters-you may need to check down the list.**
- **This list will be continually updated and supplied to parents via the UWALAC APP as ex-athletes register.**